



America's 250th Fitness Challenge

Run/Walk/Bike/Swim



Celebrate the nation's 250th anniversary by moving for America! During 2026, participants are invited to log 250 miles through walking, running, cycling, swimming, or any distance-based activity. Every mile counts as we honor 250 years of strength, perseverance, and progress.

Turn your completed tracking sheet into Parks and Recreation for a FREE Shirt!

NAME: _____ AGE: _____ EMAIL: _____

Use As Many Additional Sheets As Needed



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